

Research Article

Learning Motivation in Realizing Achievements: The Secret of Success from Surat Al-Insyirah

M. Irfan Luthfi Rangkuti¹, Rosniati Hakim¹, Gusril Kenedi¹, Munif Zarirruddin Fikri Nordin²

¹ Universitas Islam Negeri Imam Bonjol Padang, Sumatera Barat, Indonesia

² Universiti Utara Malaysia, Malaysia

* Corresponding Email: luthfidedek20@gmail.com

ABSTRACT

This problem is motivated by the existence of one of the surahs that explains about learning motivation in realizing achievement, namely surah al-Insyirah. Given the lack and weakness of providing motivation to students in learning activities and the importance of motivation in arousing students' passion for learning. So, the content of surah al-Inshirah can be a source of motivational guidance in learning students to continue to settle in students to achieve the desired goal, namely the realization of achievement in learning. This study aims to discuss how the learning motivation contained in surah al-Inshirah in realizing achievement. This type of research is a library research (Library Research) primary and secondary data sources from tafsir books and other educational books. This research method uses tarbawi tafsir method. The results of this study explain that the learning motivation contained in surah al-Insyirah that can realize achievement is First, spiritual motivation in learning, Second, motivation to foster an optimistic attitude in learning Third, motivation to work hard in learning, Fourth, motivation to have faith in learning.

Keywords: Learning Motivation; Achievement; Surah al-Inshirah;

1. INTRODUCTION

The Qur'an pays great attention to the issue of the importance of education. For this reason, the Qur'an is the main source of law in Islamic education, where there is a learning for every servant who wants to learn about it. So that in the verses of the Qur'an there are various expressions that show encouragement to every believer to always seek knowledge. In this article, the author discusses the learning motivation contained in surah al-Insyirah to realize learning achievements. Surah al-Insyirah is the 94th surah in the Qur'an which consists of eight verses, which reads as follows:

أَلَمْ نَشْرَحْ لَكَ صَدْرَكَ ۖ وَوَضَعْنَا عَنكَ وِزْرَكَ ۚ
أَلَمْ نُقْصِ ظَهْرَكَ ۖ وَرَفَعْنَا لَكَ ذِكْرَكَ ۚ فَإِنَّ مَعَ الْعُسْرِ يُسْرًا ۚ
إِنَّ مَعَ الْعُسْرِ يُسْرًا ۚ فَإِذَا فَرَغْتَ فَانصَبْ ۚ وَإِلَىٰ رَبِّكَ فَارْغَبْ ۚ

It means: "Have We not opened up for you your chest (Muhammad)?; and We have lowered your burdens from you; that burdens your backs, and We exalt to you your name; So indeed, with difficulties there is ease, indeed, with difficulties there is ease, so when you have finished (from one matter), keep working hard (for another), and only in your Lord do you hope." (Q.S. Al-Insyirah [94]: 1-8)

Surah al-Insyirah contains the pleasures given by Allah SWT to the Prophet Muhammad SAW. The pleasures include the spaciousness of the chest that Allah gave to the Prophet Muhammad SAW in carrying out a heavy mandate, This is an extraordinary blessing that the Prophet got and he was very grateful to have received it. However, the spaciousness of the chest is also given to his people who experience the test of life. Spaciousness of the chest will be obtained by each individual if he is patient, steadfast and tawakal in facing the difficulties of life that he is living., then Allah releases the burden carried by the Prophet Muhammad SAW, Allah also raises his prophetic degree by exalting the name of the Prophet Muhammad SAW which is coupled with the name of Allah in shahada, adhan, and iqamah (Sahroni, 2022). And Allah emphasizes that every time there is a difficulty, there must be an ease, which means that Allah guarantees that no matter how severe the difficulties faced, surely in the gaps of the difficulties there are facilities to try their best with full optimism. Allah commands that a Muslim who has completed a job, then he must do other work seriously, then put his

trust and worship only to Allah SWT (Lestari et al., 2020). Therefore, this letter was revealed as a consolation (tasliyah) for the Prophet PBUH and his followers.

For this reason, this surah provides strength for its readers personally in achieving success in this world and the hereafter. Therefore, surah al-Insyirah contains motivation that can be given to someone who wants to achieve success. Both success at work and in study. Because in pursuing education and work, everyone must have the desire to succeed. Success is the achievement of religious or worldly achievements and goals in a person's life (Putri Salsabila et al, 2023). Therefore, in the world of education, success can mean achievement. To achieve these achievements, a person needs encouragement from various angles, be it from himself or from others. This is called motivation.

Motivation is an effort that is realized to influence a person's behavior so that he is moved to act to do something so as to achieve a certain result or goal.(Salsabila et al., 2023) Motivation aims to move or arouse a person so that his desire and willingness to do something arises so that he can get results and achieve the desired goals (Indriani & Yunus, 2021). Meanwhile, motivation in learning activities can be said to be the overall driving force in students that gives rise to learning activities, which ensures the continuity of learning activities and provides direction for learning activities, so that the goals desired by students can be achieved (Sardiman AM, 2016). Thus, motivation in the learning process is very important as a driving force for all learning activities that will be carried out (Moh. Zaiful Rosyid et al, 2019). So one of the advantages of providing motivation to students is the achievement of high achievements.

Learning achievement is the result obtained by a person after undergoing learning activities (Indriani & Yunus, 2021). In other words, achievement in learning is the final success obtained after going through a long learning process. High achievement in learning can be achieved if students have high motivation as well as from the students themselves. Thus, the high and low motivation is always used as an indicator of the good or bad achievement of a student in learning. So, achievement in learning is influenced by internal factors, namely motivation (M. Dalyono, 1997). However, the current reality is that there are still many students who have lost motivation and there is still low motivation in students which includes affective, cognitive, and psychomotor aspects in learning activities. Therefore, weak learning motivation will be one of the causes of a student's lack of success in pursuing education. This is because the strength and weakness of a person's motivation will also affect the success of learning. As Biggs & Tefle stated that the motivation to learn in students can be weak, weak motivation or lack of motivation to learn will weaken activities, so that the quality of learning outcomes will be low (Lestari et al, 1997). For this reason, the motivation of students must always be aroused in order to get achievements in learning. That way, students who are highly motivated in learning may also obtain high academic achievements.

Based on the problems that have been described above, considering the lack and weakness of motivation to students in learning activities and considering the importance of motivation in arousing students' passion for learning so that they can realize achievements, the author through this article wants to examine the content of surah al-Insyirah above which can be a source of motivation guidelines in learning students so that they continue to settle in the participants education to achieve the desired goal, namely the realization of achievements for students. Because from the surah al-Insyirah there are several motivations in its content that can be a motivational guideline in learning that can be implemented by students in learning activities to realize achievements. Thus, the researcher wants to research how the motivation in learning contained in surah al-Insyirah can realize achievements.

2. RESEARCH METHOD

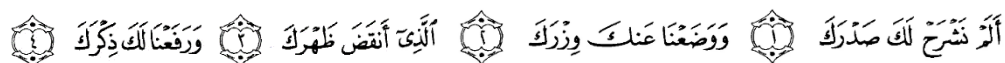
This study uses library research. Library research is to make library materials in the form of books, scientific magazines, documents and other materials that can be used as a source of reference in research.(Danandjaja, 2014; Sari & Asmendri, 2020) The research method used in this study is the research method of tafsir tarbawi (educational interpretation), which is interpreting one or several verses of the Qur'an with an educational approach to formulate the thoughts and educational values it contains. So the steps of this educational interpretation research are 1) Determining the Object of Research, 2) Understanding the general meaning of the verse, 3) Detailing the content of the verse, 4) Converting the content of the verse, 5) Establishing the title and outline, 6) Interpreting the verse, 7) Making a conclusion (Zulheldi, 2019).

The researcher's data sources use primary data and secondary data as supporting data in the research. The primary source of data is sourced from the Qur'an and the books of tafsir regarding the content of surah al-Insyirah. Secondary data sources in this study are educational books related to learning motivation and achievement. The data collection technique used in this study is the collection of literary data, namely library materials that are coherent with the object of discussion in question (Sari & Asmendri, 2020).

Data analysis is the decomposition of data to produce conclusions. The data analysis method carried out to analyze this discussion is a qualitative analysis method using content analysis. This method is used to find out the principles of a concept for the purpose of describing objectively-systematically about a text.

3. RESULTS AND DISCUSSION

3.1 Spiritual Motivation in Learning in Realizing Achievements



It means: "Have We not opened up for you your chest?, and We have also lowered your burden from you, which burdens your back, and We have raised for you the mention of your name". (Q.S. Al-Insyirah [94]: 1-4)

According to Quraish Shihab, open-chested is immaterial, will contain the meaning of opening, giving understanding, bestowing tranquility, and its meaning (Nadea Siti Sa'adah and Siti Chodijah, 2002). Then, according to Ibn al-Qasir, Allah Almighty said, "Have We not opened up for you your breast?" That is to say, We have enlightened your breasts, that is, with Our light. And We make your chest spacious, wide, and wide (M. Quraish Shihab, 2002).

Sayyid Quthub also stated that this verse indicates that there is a narrowness in the soul of the Prophet in facing the affairs of da'wah imposed on him, there are obstacles that are difficult to walk and deceptions installed by the people around him. As well as hinting that his chest felt heavy thinking about the heavy task of da'wah. So the Apostle felt that the burden was heavy on his shoulders and the Apostle needed help and assistance from God. So Allah opened the Prophet's chest to carry out da'wah (Ansyah et al., 2019; Zulaika & Vahlepi, 2023).

Then, in verse 2, Quraish Shihab hinted that before the descent of this verse there was something very heavy felt by the Prophet Muhammad SAW, then it was lightened (M. Quraish Shihab, 2002). Sayyid Quthub regarding verses 2 and 3 stated, "We have removed from you the burden that burdens your back so that it almost cracks because of the weight". We take that burden away from you by stretching your chest so that it feels light and light. Also by providing taufik and convenience for you to carry out da'wah and put it in your heart (Sayyid Quthb, 2001).

Verses 2-3 are the second gift given by Allah to the Prophet Muhammad PBUH after the gift of an open chest. Allah removed or eliminated the burden that burdened the Prophet's back after Allah opened the Prophet's chest (Akyas Azhari, 2004).

While in verse 4 the mufasir explained that Allah has exalted the name of the Prophet Muhammad SAW and Allah has glorified the Prophet Muhammad SAW. This is the next gift that Allah SWT has bestowed on the Prophet Muhammad SAW. The high position of the Prophet Muhammad is accompanied by a very heavy burden and responsibility. Because the higher a person's position, the greater the tests and trials. But the higher a person's position, the higher the name (Akyas Azhari, 2004).

Based on the explanation of the mufasir regarding the content of surah al-Insyirah verses 1-4 above, the author can understand that surah al-Insyirah verses 1-4 above, Allah SWT, has given some of his blessings to the Prophet PBUH, namely the emptiness of his chest, the removal of his heavy burden, and the elevation of him to a high and noble position after experiencing various narrowness and difficulties. This is an extraordinary blessing that the Prophet got and he was very grateful to have received it.

For this reason, verses 1-4 provide a lesson about human behavior motivated to meet spiritual/spiritual needs. Impulses that motivate human behavior to meet these spiritual needs with spiritual motivation. So verses 1-4 are related to providing spiritual motivation. Spirituality concerns a person's awareness that he has a relationship with his God. Spiritual motivation is one of the highest human needs and must be achieved in an Islamic way through the spiritual line that is believed to be true. Therefore, according to Anshari, there are three spiritual motivations for a person, namely faith motivation, worship motivation, and muamalat motivation (Muafi, 2009).

So, verses 1-4 are spiritual motivation that can be given and implemented in students' learning activities. The provision of spiritual motivation can be provided by educators in the form of aqidah motivation and worship motivation given at the beginning of learning activities by encouraging students to get closer and improve their relationship with Allah, by getting students used to reading surah al-Fatihah, reading study prayers, and reading prayers to the chest such as the prayer of the Prophet Moses (a.s) contained in surah Thaha: 25-27 which reads:

قَالَ رَبِّ اشْرَحْ لِي صَدْرِي وَيَسِّرْ لِي أَمْرِي وَاخْلُلْ عُقْدَةً مِّن لِّسَانِي

It means: "Said Moses: "O my Lord, make room for me my chest, and make it easy for me in my affairs, and let go of the stiffness of my tongue". (Q.S. Thaha [20]: 25-27)

For this reason, the activity of getting students used to praying at the beginning of learning is one of the very important activities that must be understood and carried out by educators in providing spiritual motivation to instill the spaciousness of students' chests. Because, prayer has a very big role in providing peace of the human soul. So that students can clean themselves at the beginning of learning activities. As according to Al-Ghazali, the human self (al-Nafs)

needs purification and guidance, needs protection and reinforcement so that it is completely clean from all impurities. Because. If self-cleansing is never given, then it is difficult to become a perfect and holy soul (Jarman Arroisi, 2019).

Therefore, prayer has a psychological influence on the self and soul of a student. For this reason, with the cleansing of the heart, the closeness to Allah will be maintained so that they become obedient people of worship. Thus, if the students' hearts are clean at the beginning of learning, it will bring knowledge to students.

From this, educators can understand that through the spiritual motivation above is a form of aqidah motivation and worship motivation given to students at the beginning of learning, which will determine the extent to which students feel spaciousness. And can get closer to Allah. Therefore, worship motivation is a form of application that is manifested from understanding Islamic religious learning at school. Where, the school not only equips students with religious knowledge or intellectual development, but also fills and nourishes a strong sense of religion to students so that they are embedded with the motivation to worship in living their lives guided by religious teachings.

For this reason, with the motivation of aqidah and the motivation of worship, students have an attitude of obedience to worship which is driven by the desire to avoid dangerous situations that will befall them and provide a sense of security for themselves. So, students whose worship is kaffah will have a significant positive influence on their learning activities. Thus, it can be seen that the function of motivation is a driver for humans to act and can determine the direction of the action (Sardiman AM, 2016).

For this reason, through spiritual motivation, spaciousness will be obtained by every student in facing the difficulties of life that he or she is living. So that by having the space of the head, students are ready, happy and patient to accept the difficulties and tests faced in the midst of the learning process so that the desired achievements can be realized. Thus, the learning motivation instilled in students through the understanding of verses 1-4 is a spiritual motivation that comes from the aspect of spirituality. For this reason, spiritual environmental factors can affect achievement in learning (Junier Sakerebau, 2018; Abu Ahmadi and Widodo Supriyono, 2013).

Thus, by reading, understanding and practicing the content of verses 1-4 can provide motivation to students in terms of spirituality motivation to be able to get closer to Allah swt, so that Allah swt gives students the openness of mind in participating in learning activities so that they are more able to accommodate the knowledge provided by educators in the learning process to be able to achieve the desired goal, namely good achievement in learning. Thus, through the spiritual motivation given to students in learning activities, they will be able to realize achievements.

3.1.1 Motivation to Foster Optimism in Learning in Realizing Achievements

فَإِنَّ مَعَ الْعُسْرِ يُسْرًا , إِنَّ مَعَ الْعُسْرِ يُسْرًا

Meaning: "So indeed with difficulties there is ease, indeed with difficulties there is ease". (Q.S. Al-Insyirah [94]: 5-6)

In verses 5-6 Quraish Shihab states that verses 5 and 6 explain that no matter how severe the difficulties faced, there must be conveniences in the gaps of the difficulties. These verses command people to try to find positive aspects that can be used from every difficulty because with every difficulty there is convenience (M. Quraish Shihab, 2002).

In addition, Ibn Kathir stated that through this verse, Allah tells us that with difficulties there is ease. It can be said that the word "difficulty" has a limited meaning while the word "ease" in large quantities has no provisions. Therefore. The Prophet PBUH emphasized that, "One difficulty will never defeat two eases" (Ibn Katsir, 2008).

Furthermore, related to this verse as well, Sayyid Quthub stated that actually the difficulty cannot be separated from the convenience that accompanies and accompanies it (Quthub, 2001). Meanwhile, Al-Maraghi also stated that there are indeed no difficulties that cannot be overcome. If our souls are eager to get out of difficulties and find solutions using the right intellect by trusting in Allah completely, we will surely come out and survive this difficulty (Ahmad Mushthafa, 1993).

Based on the explanation of the mufasir above regarding verses 5 and 6 that the sentence "actually with difficulties there is ease", it has two meanings, namely the first meaning, "with difficulties there is ease", meaning that "in difficulties there must be ease", meaning that convenience will arise from difficult circumstances and in difficulties there are still other conveniences. The second meaning, "after difficulties there must be ease", means that difficulties are a means to get convenience, and convenience will not be born without difficulties. Thus, verse 6 is an affirmation of Allah which means that there are no difficulties that cannot be overcome and solved (Taufiqurrahman Al-Azizy, 2010).

From the explanation of the mufasir above, it can be seen that verses 5-6 do not give an opportunity for someone to give up. Because, despair never makes a person succeed in achieving success. And verses 5-6 hint that every difficulty, suffering there is an ease given by Allah, which means that the teaching for Muslims to achieve something must have trials (Hafizh El Firdausy, 2012). For this reason, if a person's soul does not despair to get out of difficulties and seek a solution using the right reason by trusting in Allah completely, he will surely come out and survive the difficulties. Therefore, Allah will not give problems and difficulties to humans without a solution (Ali Nurdin, 2018). Everyone fairly

gets problems and difficulties in different forms and levels of ability, because Allah will not give problems that his servants are not able to bear (Hendra Setiawan, 2007). This is as in the words of Allah SWT which reads:

لَا يُكَلِّفُ اللَّهُ نَفْسًا إِلَّا وُسْعَهَا لَهَا مَا كَسَبَتْ وَعَلَيْهَا مَا اكْتَسَبَتْ رَبَّنَا لَا تُؤَاخِذْنَا إِنْ نَسِينَا أَوْ أَخْطَأْنَا رَبَّنَا وَلَا تَحْمِلْ عَلَيْنَا إَصْرًا كَمَا حَمَلْتَهُ عَلَى الَّذِينَ مِنْ قَبْلِنَا رَبَّنَا وَلَا تُحَمِّلْنَا مَا لَا طَاقَةَ لَنَا بِهِ ۖ وَاعْفُ عَنَّا وَاعْفِرْ لَنَا وَارْحَمْنَا أَنْتَ مَوْلَانَا فَانصُرْنَا عَلَى الْقَوْمِ الْكَافِرِينَ ﴿٢٨٦﴾

It means: "Allah does not burden a person, except according to his ability. For him there is something (reward) of (virtue) that he strives for and for him there is something (punishment) for (evil) that he has committed. (They prayed,) "O our Lord, do not punish us if we forget or we are wrong. O our Lord, do not burden us with a heavy burden as You have burdened those before us. O our Lord, do not give us what we cannot bear. Forgive us, forgive us, and have mercy on us. You are our protector. Therefore, help us in dealing with the disbelievers." (Q.S. Al-Baqarah [2]: 286)

We must be sure that all trials and trials come from Allah SWT. Nothing is separated from His power and authority. Therefore, we must do our best to face everything with full confidence that there is Allah SWT behind all the events we face (Muhaimin Al-Qudsy, 2012). Based on this, indirectly, verses 5-6 teach us that to emulate the Messenger to embed optimism regarding life. We should not be too anxious or pessimistic about a very deep crisis because after that there will be convenience provided.

So, verses 5-6 give a message to His people that life is a process. And the process never stops. As long as we live, we also process. Therefore, to obtain convenience, it must go through a "process" that is faced when experiencing difficulties in various things, be it work or study. Because a process is very important in obtaining the convenience and success that you want to achieve. In this process, it can be accompanied by providing motivation when a person feels that his life is constantly in distress, so in those difficulties there must be convenience (Akyas Azhari, 2004). Therefore, the existence of verses 5-6 is a motivation for humans to be able to cultivate an optimistic attitude in themselves, especially in facing problems. An optimist is a person who always has hope or good hopes or has a positive outlook in doing everything.

The author understands that verses 5-6 teach us that as humans we should have an optimistic spirit in doing every job as well as to achieve an achievement in various things, especially achievements in learning. So that each individual can prepare mentally as early as possible in fostering an optimistic attitude. Because, to get achievements is not as easy as imagined. But it is full of struggles and various challenges and obstacles that must be faced to achieve it. Only self-optimism can help to achieve this (Sahroni, 2022; Zulaika & Vahlepi, 2023).

An optimistic attitude is a motivation that comes from within (internal motivation) of a student. An optimistic attitude is very necessary to get encouragement. Therefore, an optimistic attitude is very important to be applied by students in learning activities so that they become tenacious people in facing difficulties in learning activities. As according to Sardiman, a tenacious person is a characteristic of a person who has a motivation to learn (Sardiman AM, 2016). So that to achieve an achievement must be passed through a process accompanied by high motivation by instilling an attitude of optimism when experiencing difficulties when participating in learning activities to achieve the desired achievement. Because in the educational process, an optimistic attitude is very helpful in facing difficulties or problems. Thus, an optimistic attitude is a form of self-actualization in achieving one's goals or success. Therefore, to achieve success and achievement cannot be achieved in an instant way. Because, achieving achievements is full of obstacles and challenges that must be faced by someone. So that motivation in fostering an optimistic attitude can determine whether or not to achieve goals, so that the greater the motivation of a student, the greater the learning success he will obtain (Abu Ahmadi and Widodo Supriyono, 2013).

Thus, by reading, understanding and practicing the content of verses 5-6, it can teach students that when experiencing difficulties in learning activities, there must be a process that students go through in achieving success and achievement in learning that they want to achieve by fostering high motivation through the attitude of optimism in students. Thus, learners will never give up and despair to achieve it. So that optimistically it will make students thank Allah for the gifts given.

3.1.2 Motivation to Work Hard in Learning in Realizing Achievements

فَإِذَا فَرَغْتَ فَانصَبْ ﴿٩٤﴾

It means: "So when you have finished (from one business), do it seriously (another)". (Q.S. Al-Insyirah 94]:

Quraish Shihab states that verse 7 intends to give instructions that a person must always have a busy time (M. Quraish Shihab, 2002). Al-Maraghi states that if you have finished doing the work, then you should be serious to do other work (Ahmad Mushthafa Al-Maraghi, 1993).

This verse 7 gives instructions that one must always have a busy schedule. When a job has ended, he must start again with another job so that with this verse a Muslim will never waste his time (M. Quraish Shihab, 2002). This verse also commands us to immediately complete the next matter. This means that we should not procrastinate in completing affairs afterwards.

For this reason, the author can understand that this verse hints to someone who wants to achieve achievements in work, especially in studying, there is no time wasted to just pass without producing something. Thus, one must work hard earnestly by exerting all efforts to get maximum achievement.

Hard work is a behavior that shows earnest efforts in overcoming various learning and assignment obstacles and completing tasks as well as possible. So hard work is a spirit of never giving up followed by a strong and steady belief to achieve their dreams and ideals (Syamsul Kurniawan, 2014). A hard worker usually has a strong attitude of persistence to make efforts and hard work in order to lead him to achieve achievements. This encourages a person to work harder and study harder, and makes a person not afraid to try again, even if they have failed. For this reason, people who work hard will have an attitude of never giving up, and dare to try again and again (Syamsul Kurniawan, 2014). Thus, according to the author, hard work is an activity that is carried out earnestly, which contains elements of perseverance, tenacity, and precision in it.

For this reason, with diligent efforts based on motivation, a person will be able to give birth to good achievements. Because, with the encouragement caused by learning motivation, students will continue to strive to achieve optimal results. It is an achievement in learning that has a positive impact on students (Moh. Zaiful Rosyid et al, 2019). Thus, educators need to provide learning motivation in terms of hard work to students during the learning process so that students are used to working hard so that they do not become lazy. Therefore, if the hard work owned by students is lacking in realizing achievements, of course achievements will only be wishful thinking.

By reading, understanding and practicing the content of verse 7, it can teach students that achievement in learning is obtained with the motivation to work hard and earnestly in learning. Because one of the keys to a person's success is hard work. Thus, the motivation to work hard in students must always be aroused in order to get good achievements.

3.1.3 Trusting Motivation in Learning in Realizing Performance

وَالِى رَّبِّكَ فَارْغَبْ ۚ

It means: "And only in your Lord should you hope". (Q.S. Al-Insyirah [94]: 8)

Quraish Shihab states that in verse 8 this is a command to rely on Allah. Because according to Quraish Shihab, the deep hope and tendency should only be directed to Allah SWT (M. Quraish Shihab, 2002). Likewise, Sayyid Quthub also stated that when you have finished doing your busy work with man and the earth (worldly life), then turn your heart completely to the things that you must do seriously and earnestly, namely worship, purify yourself, raise hope, and face the Divine (Sayyid Quthb, 2001).

Through the explanation of the mufasir above regarding the content of verse 8 above, the author can understand that this verse 8 contains a teaching about a hope made by a person in all things and all problems of life. The person who hopes for it is the one who experiences difficulties, shortcomings and weaknesses. Such a person is a person who has a burden in his life. This verse 8 teaches us that after the effort that is made first, then pour it into Allah SWT. It means that we must surrender (tawakkal) to Allah from the effort we have made. Because as a human being, you must be able to be tawakkal. Tawakkal is the determination of the heart in relying on Allah swt. to gain fame and prevent dangers both regarding the affairs of this world and the hereafter (Muhaimin Al-Qudsy, 2012). That way there is no place for us to depend on, except for Allah SWT. No one can give us any strength other than Allah SWT. This means that we are asked to rely on hopes, desires, and ideals only on Allah, not on anyone else (Akyas Azhari, 2014).

For this reason, when we have made Allah the only place of hope or a place of dependence, it means that we have surrendered ourselves to God. And from surrendering oneself, three extremely powerful spiritual forces will be born, namely sincerity, tawakkal, and surrender (Akyas Azhari, 2014). Surrender is a mental attitude that must exist together with an attitude of istiqamah. Therefore, Allah commands us to surrender to Him, it does not mean that we do nothing. Thus, the correct process is that we must first try, secondly pray and then third, we leave everything to Allah alone (Akyas Azhari, 2014).

By reading, understanding and practicing the content of verse 8 we will gain a teaching in terms of spiritual motivation, namely the motivation to trust. Where this verse teaches students to achieve success, namely achievement in learning, then rely on Allah SWT. Because no one can give us any strength other than Allah SWT for what he has done.

Thus, if students have intrinsic motivation in trusting in themselves, then, the achievements they want are handed over to Allah SWT whatever the result is. In other words, students surrender themselves to Allah when they want to achieve success, namely achievement in learning. Finally, we can see how great this surah al-Insyirah is. This surah can really be used as a paradigm for a person to achieve achievements.

4. CONCLUSION

Based on the results of the research, it can be concluded that spiritual motivation in learning in realizing achievements. Spiritual motivation is one of the important learning motivations given at the beginning of learning which will determine the extent to which students will feel spaciousness and closer to Allah SWT able to accommodate the knowledge provided by educators in the learning process to be able to achieve the desired goals, namely good achievements in learning. Motivation fosters an attitude of optimism in learning in realizing achievements. We as humans should have an optimistic spirit in doing every job as well as to achieve an achievement in various things, especially achievements in learning. Therefore, an optimistic attitude is very important to be applied by students in learning activities so that they become tenacious people in facing difficulties in learning activities. Therefore, to achieve an achievement, it must be passed through a process accompanied by high motivation by instilling an attitude of optimism when experiencing difficulties when participating in learning activities to achieve the desired achievement.

Motivation to work hard in learning in realizing achievements. One must work seriously by exerting all efforts to get maximum achievements. For this reason, we must strive and work hard to realize the desired achievements. The motivation to trust in learning in realizing learning achievements. we must surrender ourselves (tawakkal) to Allah from the efforts we have made. Surrender is one of God's commands that must be carried out by every one of His people. So, humans must be able to be tawakal for what they have done and worked on. Thus, verse 8 teaches students to achieve a success, namely achievement in learning, so rely on Allah SWT, because no one can give us any strength other than Allah SWT for what he has done.

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